

# Laragh & Glendalough News

Issue 197 – January/February 2014

Sponsored by Glendalough & District Development Association

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## **Goodbye to Canon John**

As Canon John McCullagh enters well-earned retirement we offer him our best wishes for the future and thank him for all his work in the Laragh and Glendalough area during the past 5 years.

## **St. John's Church**

### Services

Services continue each Sunday at 9.15 am. Holy Communion will be celebrated on the second and fourth Sundays and morning prayer on the first and third Sundays of each month.

### Pastoral Care

Rev. Canon John Clarke, the recently retired rector of Wicklow, will be responsible for pastoral care from February 8<sup>th</sup> and prior to that Canon Haskins will take calls. Further details are available from Evelyn Merrigan or Olive Mahon.

### Carols in the Monastic City

John McCullagh was delighted to join Fr. Oliver for the carols in the monastic city. Special thanks to Declan Murphy and his helpers for all the arrangements and to Pat Casey for his hospitality to the somewhat chilled and sung-out carollers.

### Midnight Mass in St. Kevins

The rector attended St. Kevin's for the start of midnight Mass to bring greetings from St. John's community and the wider parish to Fr. Oliver and his parishioners. This has been a very happy tradition which has developed in recent years and Fr. Oliver returns the gesture in St John's when there is midnight service there. Before Rev. John spoke he received a gift of a beautiful book from the chair of the Pastoral Council while Sr. Margaret presented a gift of an orchid for Ruth. John spoke of the long-existing friendship between the communities and the mutual welcome and sharing which draws on their common treasure – the spiritual atmosphere of Glendalough. He also paid tribute to the personal friendship and kindnesses he had received from Fr. Kevin and Fr. Oliver.

## **Roundwood Variety Group**

The Brockagh Centre is delighted to welcome back the Roundwood Variety Group who will stage

*Sleeping Beauty* at 8 pm on Friday 31<sup>st</sup> January and Saturday 1<sup>st</sup> February. There will also be matinee performances at 3 pm on both Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> February. Admission to evening performances is €15 while admission to the afternoon shows is €12. This pantomime should not be missed – it is full of music, dance, comedy and lots and lots of fun. Phone 086-2451829 to book your tickets now and avoid disappointment.

## **Mobile Library**

The mobile library comes to Laragh every second Thursday. Please note the new times of the visit – 12 noon until 12.50 pm. The first 10 minutes are spent outside the Brockagh Centre and the rest of the time is spent outside Lynhams. The next dates are Thursday 23<sup>rd</sup> January and 6<sup>th</sup> February.

## **Operation Transformation in Laragh**

Operation Transformation comes to Laragh. Over the next 8 weeks we will be doing our best to lose weight and get fit. We will meet every Tuesday night in the Brockagh Centre at 7 pm for a weigh-in, short talk and walk. Please wear suitable footwear and clothing, wear a high-visibility reflective jacket/vest and bring a torch. Check out the Centre's Facebook page for more information.

## **Tidy Towns**

The first Tidy Towns clean-up of 2014 will commence opposite Lynhams on Saturday 1<sup>st</sup> March at 11 am. Anyone interested in Tidy Towns will be very welcome.

## **Senior Citizens' Christmas Raffle**

Many thanks to all who supported the raffle. Your generosity is much appreciated.

1 <sup>st</sup> Prize	Brian Walshe
2 <sup>nd</sup> Prize	Bridie Stacey
3 <sup>rd</sup> Prize	Anthony Nolan
4 <sup>th</sup> Prize	Ann Hanlon
5 <sup>th</sup> Prize	Nora Radburn
6 <sup>th</sup> Prize	Liam Farrington
7 <sup>th</sup> Prize	Lee Canavan
8 <sup>th</sup> Prize	Clodagh Duff

Sponsor an issue - please contact Nuala at 45167.

### **Laragh Glendalough Active Retirement**

Our Christmas lunch was held in Lynham's Hotel this year and everyone enjoyed the good food, great company, gifts, raffle, songs and special guest Santa who dropped in to say hello. Many thanks to the teachers and pupils of Scoil Chaoimhín Naofa for entertaining us with Christmas carols in the Brockagh Centre beforehand. To the delight of the pupils, Santa put in an appearance there as well.

A group of about 30 had travelled to Dublin the week before where they joined over 200 others in the Ballsbridge Hotel for a good lunch and a great afternoon's dancing to Ronan Collins and his band.

We will be back in action at 11 am on Tuesday 21<sup>st</sup> January in the Brockagh Centre. Our next lunch date will be at 12.45 pm on Tuesday 4<sup>th</sup> February in Glenmalure Lodge. All are welcome to our weekly session and our monthly lunches.

### **Kinesiology Clinic**

Rosaleen Durkin's kinesiology sessions for children and adults use muscle bio-feedback to test for common food sensitivities (dairy, gluten, wheat, sugar, eggs, tomatoes etc.) and also detect and correct mineral and nutritional imbalances in the body. Kinesiology can also provide help with sleeping, digestive and concentration problems, skin conditions, anxiety and many more conditions. The next clinics at the Brockagh Centre take place on Thursday 30<sup>th</sup> January, Thursday 20<sup>th</sup> February and Thursday 27<sup>th</sup> March.

Rosaleen also works with children and adults with learning difficulties (AD/HD, dyslexia, Asperger's Syndrome). For appointments or further information call Rosaleen on 087-2195931 or see [www.rosaleendurkin.com](http://www.rosaleendurkin.com)

### **Brockagh Awards Ceremony**

Congratulations to all who received certificates at the Laragh IT/Brockagh Centre Awards ceremony before Christmas. Over 40 students completed the *Get Yourself Online* course and more than 20 of them came along to collect their certificates and enjoy a celebratory lunch. The tutors were also congratulated on all their hard work.

### **Get Yourself On-Line**

*Get Yourself on Line* is a very popular step-by-step course which helps those with little experience of the internet. It introduces email attachments, search engines, on-line transactions such as motor

tax, podcasts, playbacks, on-line safety and security, Skype, on-line banking and buying on-line. Funding for the course has been extended until May 2014 and we are delighted to announce that those who have done our previous 'Benefit 3' or 'Benefit 4' courses are now eligible for funding again. The 4-week course (2 hours per class) is free to those over 65 and costs €10 to those under 65. A contribution towards tea/coffee will also be required. Please register your interest as soon as possible. Call Laragh IT on 0404-45600.

### **Glendalough Hermitage Centre**

Glendalough Hermitage Centre continues to offer prayer, hospitality and spiritual accompaniment to an ever-growing number of pilgrims. Our retreatants come from all over the world and from all walks of life. The sacredness of this place affords them an opportunity to commune with nature and to come away and rest awhile.

The Hermitage Team is also involved in leading adult and school pilgrimages in the Monastic Site. These groups come mainly from the Dublin, Ferns and Kildare and Leighlin dioceses. Due to the increase in requests for retreat days, we have had to engage the assistance of some local people. We wish to thank very sincerely Eileen Patterson and Lin Ryan, who give so generously of their time.

The Confirmation children from Scoil Chaoimhín Naofa come monthly for a meditation session in our prayer room. We pray that they and their families will be greatly blessed this year.

We would like to wish all who help and support us in any way, a very Happy and Grace-filled 2014.

*Srs. Kathleen, Doreen and Margaret*

### **Tranquillity Sunday**

Tranquillity Sundays offer an opportunity to celebrate the Sabbath in silence, prayer and rest. All are welcome to the Glendalough Hermitage Centre between 10.30 am and 4.30 pm on the first Sunday of each month. Our next Tranquillity Sunday will be on 2<sup>nd</sup> February. Phone 087-9356696 or just drop in.

### **Citizens Information**

The Citizens Information Centre at the Brockagh Resource Centre is open for information relating to your rights and entitlements from 10 am until noon on the first and third Tuesdays of each month. The next clinics will take place on Tuesdays 4<sup>th</sup> and 18<sup>th</sup>

February. No appointment is necessary for this free and confidential service.

### **Scoil Chaoimhín Naofa**

#### A Few Words of Thanks

Thank you to all who came to our Christmas performances – the music and singing went really well. Thanks also to all who supported the raffle.

Thank you to those who organised and supported the Race Night in November; it realised the fantastic amount of more than €5,000!

#### Rang 5 and Rang 6 Sale of Work

The young entrepreneurs from Rang 5 and Rang 6 are ready for Dragons' Den. Together with their teacher Múinteoir Rebecca, they planned and organised a very successful Sale of Work before Christmas. Thank you to all who gave support to them and, in so doing, gave to the Simon Community the generous sum of €960.

#### Enrolment

The enrolment process for September 2014 has begun. If we have your details on file you will receive enrolment forms by post or through a child in the school. If you receive no notification or have a child at home that you would like to enrol, please contact the office immediately on 0404-45460.

#### Parking at Front Gates

When picking up children from school, please remember that parking is not permitted at the front gates of the school at either pick-up time – 1.30 or 2.30 pm. Parking is available at the top car park or at the Brockagh Centre but not on the lane or at the presbytery entrance.

#### Laragh Trail

If you are feeling energetic or would like a challenge this spring, consider participating in the Laragh Trail on March 15<sup>th</sup>. All runners, joggers and walkers are welcome to complete the route of six km. Check [www.laraghtailrun.com](http://www.laraghtailrun.com) for details.

#### Nestle Cereal Boxes

Please consider donating any tokens you may have from Nestle cereal boxes to the school (for book purchase). Thank you for your support.

### **Comhaltas Irish Music & Dance Classes**

Learn traditional Irish music and dance with the award-winning Roundwood Comhaltas branch (guitar, fiddle, flute, tin whistle and grúpa ceoil). For more information phone 087-2841604 or email [roundwoodcce@gmail.com](mailto:roundwoodcce@gmail.com)

### **Masters of Running Workshops**

“Don't just run, train to be a runner.” The proven principles of the world's leading athletics and movement coaches are packaged for you in a 2-day running camp for runners of all levels and abilities. Learn all the skills you need for a lifetime of strong, injury-free and enjoyable running in a fun and relaxed atmosphere. The workshops take place in the Brockagh Centre over the weekend of 15<sup>th</sup> to 16<sup>th</sup> February and are strictly limited to 16 people. Book on-line at [www.championseverywhere.com](http://www.championseverywhere.com) or call Jason Kehoe on 085-1414141.

### **The Brockagh Resource Centre**

*The Brockagh Resource Centre wishes all friends and patrons a Happy New Year. Thank you for your support throughout 2013 and we look forward to your continued support in 2014. We have enclosed the Brockagh 2014 Bulletin with details of all our courses, classes and regular activities.*

#### Car Boot Sale

The next Car Boot Sale will take place on Sunday 9<sup>th</sup> February from 11 am until 4 pm (as Roundwood Variety Group Show takes place on 2<sup>nd</sup> February). Car Boot Sales will take place on the first Sunday of the month thereafter. Vans must be booked in. Contact the Brockagh Centre on 0404-45600.

#### Tuesday Night - Dance Night

Tuesday night is dance night from 9.30 pm till late with the Wicklow Man. There is no dance on Tuesday 28<sup>th</sup> January but the Wicklow Man will be back on Tuesday 4<sup>th</sup> February.

### **Living Willow & Basket Weaving**

#### Living Willow Course

Learn how to make living willow furniture, garden fencing, tunnels and lots more. This six-week beginner's course will teach you some basic techniques, allowing you to add flare to your garden or vegetable patch and giving you the chance to try the techniques at home as you go.

#### Basket-weaving Workshop

This one day workshop will teach you some basic skills in traditional Irish basket-weaving. No experience is required and you will bring home your very own handcrafted basket made of willow.

*Both courses will start soon in the Brockagh Centre. For more details, please contact Aoife at 087-9773622 or email [wicklowwillow@gmail.com](mailto:wicklowwillow@gmail.com).*

### **Adult Guidance Service**

An Adult Career Guidance Service is available at the Brockagh Centre. This careers/education

service is free, friendly, confidential, supportive and available to all adults over 18 years of age. For more details please contact Irene on 086-8061569.

### Laragh GFC

Many thanks and best wishes for a very prosperous new year to all the members, supporters and sponsors who contribute in so many ways to keep our club going in the right direction. Visit our Facebook page to keep up-to-date with our fixtures and progress. The 24 winners of our bumper Christmas draw were as follows:

<u>Prize-winner</u>	<u>Prize</u>	<u>Sponsor</u>
H. Brady	Load of Logs	Noel Kenna
D. Smith	Turkey & Ham	Lynham's
Y. Byrne	Xmas Hamper	McCoy's
J. Byrne	Chocolates	Bridge Tavern
S. O'Neill	Lunch for 2	Glendalough Hotel
D. Lynham	2 Bottles of Spirits	Avon Motors
E. Conway	Bosch Electric Drill	Wicklow Hire
P. Healy	Socket Set	McIntyre's Tools
M. Belton	Ton Bag of Logs	Wicklow Forestry Products
O. Windsor	Bottle of Jameson	Caroline Murphy
B. Byrne	Meal for 2	The Coach House
C. Windsor	Meal Voucher	Glenmalure Lodge
M. Ward	Sweets Hamper	Tubs Sweets
R. Stakem	Xmas Pudding	Helen Ward
L. Conway	Hand-turned Bowl	Asgard Turning
P. Windsor	Fuel Voucher	Ultima Oil
J. Byrne	Meal Voucher	Wicklow Heather
R. Doonan	2 Bottles of Wine	Glendalough Green
E. Windsor	Bottle of Gin	Fergal Olohan
J. McCoy	Drinks Hamper	Laragh GFC
V. Nolan	Wine Hamper	Laragh GFC
S. Nolan	Bottle of Brandy	Bramble Rock
G. Young	Car Mats	Auto care
D. Windsor	Bottle of Jameson	Damien Hanlon

### Christmas Lights Event

Many thanks to all who organised, supported or contributed in any way to make this year's Christmas Tree Lighting Event such a success.

### Community Alert Personal Alarms

Glendalough & District Community Alert is now putting together a grant application for personal

alarms – the only cost to the recipient is the annual monitoring fee of €66. This alarm could help to save your life (or that of your relative, friend or neighbour) in an emergency. But why wait for an emergency to occur – having an alarm has nothing to do with your age but everything to do with your personal safety, peace of mind and independence. To find out more, please phone 086-2423980.

### Annamoe Centre

*We wish everyone a happy New Year. We are looking forward to having our tennis court up and running before the summer.*

*Bowls* A team from Newtown is coming to play us on Tuesday 21<sup>st</sup> – we expect it to be a great night.

*Historical Evening* Join us at 8 pm on the third Monday of every month.

*Fun Céilí* Our Céilí on Friday January 31<sup>st</sup> has been cancelled as Roundwood Variety Group's pantomime will take place in Laragh that evening.

*Pure Mile* We have entered the Pure Mile again and are looking forward to lots of help. Ideas for a fund-raising event would be very welcome.

### Santa Claus at the Brockagh

This year Santa made sure that his reindeer were well rested for the 'big night' – arriving by horse and carriage to the Brockagh Centre. Many thanks to Margaret, Tony, Timmy and all their helpers who decorated his carriage and helped out on the day. Special thanks to Santa – star of the show.

### Gymboree Play & Music

Gymboree Play & Music sessions take place in the Brockagh Centre at 10 am on Fridays and are suitable for children from 6 months to 4 years. Come along and teach your child a love of music through songs, dance, games and musical instruments. Booking is essential as places are limited – please contact Rachel on 086-8330212.

### Community Garden

Funding of €800 for a polytunnel for our Community Garden has been received from Wicklow Co. Co. Work in the garden will recommence in February and anyone who might have an hour or two to spare on a Friday morning would be more than welcome. Phone Therese on 086-3469114 or email [treasani@gmail.com](mailto:treasani@gmail.com)

Please leave articles for the next issue into W. McCoy's by **20<sup>th</sup> February**; alternatively email them to [laragh\\_glendalough\\_news@hotmail.com](mailto:laragh_glendalough_news@hotmail.com)

