

Laragh & Glendalough News

Issue 204 – September 2014

Sponsored by St. Kevin's Parish

Golf Classic

The Peter Darcy Memorial Golf Classic will be held in Roundwood Golf Club on Saturday September 13th. The format is 'Fourball Scramble' (timesheet from 10 am until 4 pm but some earlier times can also be accommodated). The cost is €160 per team of four including a meal in Woods restaurant and free entry to the music night in Woods (three bands including Roamin' Cadillacs). Many great prizes are on offer and it is guaranteed to be great fun; last year it was one of the best nights of 2013.

Proceeds go to Roundwood juvenile soccer club (founded by Peter Darcy) with a donation to Roundwood Senior Citizens Christmas Party. We hope you can support this event in memory of a great friend to many. Please contact Martin Byrne on 087-9170231 to book a time slot.

Community Alert Text Alert

Many thanks to all who registered for the Text Alert Scheme. We have had about 40 responses in all. It is hoped to have the system up and running in the next few weeks.

Twinning Opportunity

A colleague of the mayor of Eyne in the south of France has expressed an interest in twinning with Laragh/Glendalough. Eyne is a small village of 84 residents situated in the Pyrenees-Orientales (Languedoc-Roussillon region). The village is 1574 metres above sea-level and is situated in the mountainous Eyne Valley region in the heart of the Regional Nature Park of the Catalan Pyrenees – a park which covers 138,000 hectares. If you are interested in setting up a twinning committee to explore the project (note that considerable time, energy and effort may be required) please get in touch with Pauline or Bernadette in the Brockagh Centre on 0404-45600.

Tidy Towns

Thanks to all who responded so generously to our recent appeal. In total we received donations of €445 which we very much appreciate. We also wish to thank seven members of St. Tiernan's

Cycling Club who picked litter with us on our last clean-up. They are organising the Laragh Classic Cycle Race on Sunday 14th September.

Our next clean-up will be on Tuesday 2nd September at 7.30 pm. Meet opposite Lynhams.

Lost Camera

A French visitor to Glendalough lost her camera in the area in August and is anxious to find it (or the photos on it). It is a grey Nikon with a little green and black toy on it. If you can help, please contact Bernadette in the Brockagh Centre on 0404-45600.

St. John's Church

Autumn Sale

The annual parish autumn sale will be held as usual in October. Now is a good time to start to think about items that you may have to contribute. Perhaps you will have some herbs ready or some seedlings ready to sprout? If you are doing any attic-tidying or spring-cleaning in the coming weeks, you may come across some great treasures that were once loved and could be loved again!

Wedding in Laragh

In June, the McCullagh family returned to the parish to celebrate the marriage of Canon John and Ruth's son Michael to Louise. It was a lovely family occasion and the sun shone on the happy couple. We wish them every blessing for their future life together.

Institution

By the time this edition goes to print we will have had the institution of our new rector, the Rev. Brian O'Reilly on Monday August 25th. We look forward to sharing the details in the October issue. We are all very appreciative of the work of Canon John Clarke, Mr. Ken Hastie and Mr. Ernest Mackie who have taken service during the vacancy.

Mobile Library

The mobile library visits Laragh every second Thursday from 12 noon to 12.50 pm. The first ten minutes are spent outside the Brockagh Centre and the rest of the time is spent outside Lynhams. The next visits will be on Thursdays 28th August, 11th and 25th September.

Laragh GFC

Juvenile News

Over the season, children in our nursery trained in the field for an hour a week and anyone that has seen them will have noticed the improvement. We hope to see more players with this age group next year. Many thanks to all players, parents, guardians and mentors who helped out.

Our U8s and U10s have also been training every Wednesday and have played a number of blitzes in the last few months. We have done well in the majority of games while at other times the opposition was just that bit stronger. But it is great to see these young people play as they too are improving every week; be sure to come along to their last blitz which will be held in our field on Friday 12th September.

Our U12s are doing well this season. They are going into their last couple of games and hope to finish in second or third spot. After the league finishes, they will be going into a league final.

We have six players playing with Avondale's U14s. These lads won all their games to reach the final on Friday 22nd August where they successfully held off a fighting Carnew team to win 2-14 to 4-06. Our own player Eric Olohan was captain and was presented with a lovely trophy on the night. The team now enters the 'A' championship in a tough group with St. Nicks, Bray and Newtown. Best of luck, lads.

Some of our juveniles are playing hurling with Avondale and are holding their own with some of the best hurlers in the county. Keep up the good work! We also have some boys and girls attending Avondale's academy on Saturday mornings and they seem to be really enjoying it. Hopefully our club will benefit from this in years to come.

Our U16s are playing with An Tochar and have been unlucky with the results in their games to date. These lads are putting in a great effort in both training and matches, so we hope it will come together for them in the championship.

We have a couple of lads playing minor with Avondale and St. Pats. Unfortunately these players are injured and have not yet featured for their clubs but we hope they will do so very soon.

Senior Team

We are now down to our last two league games and unfortunately it looks as if we will have to win both to avoid a relegation play-off.

We finished our last championship game with a heavy defeat by Knockananna. However, with four wins from six we did well enough to qualify for the

knockout stages and will play a quarterfinal game against one of the favourites, St. Pats. With luck, our lads will beat them and advance to the semis.

We ask all players to try and attend training as usual as we are down to the final few games of the season. We also wish our goalkeeper, Peter Merrigan, a big happy 30th birthday.

Tour of Turlough Hill

The tour to Turlough hill in August was both enjoyable and interesting. Free tours are still available over the next few weeks and I would highly recommend it.

Wicklow GAA Yearbook

Mentors of all juvenile teams should forward information for inclusion in the Wicklow GAA yearbook to Fergal Olohan immediately.

Textile and Recycling Fundraiser

Our club fundraiser this year will be a clothing and textile recycling collection; this is provisionally booked for Saturday 18th October. Look out for more details locally.

Sympathy

The clubs sends its deepest sympathies to the family and friends of Eddie D'Arcy who passed away recently.

Congratulations and Good Luck

The club would like to congratulate everyone who received their Leaving Cert results and wish them the best of luck in their new ventures. Good luck also to all club members starting national and secondary school in the next few days.

Wonder Years Childcare

Wonder Years at the Brockagh Centre opens this September (full-time opening hours 7.30 am to 6.30 pm). It is registered with the HSE. Competitively priced, private childcare and Government-funded and subsidised childcare (ECCE, CETS and ASCC for applicants who meet certain entry requirements) are all available. Programmes offered include Montessori, pre-school toddler group and breakfast/after school clubs. There is a 10% discount for siblings.

Wonder Years believes every child is unique and that all children learn in different ways. The needs of the child will be met through the Montessori method of education while creativity and imagination will be encouraged through free play, messy play and arts and crafts. Parents are provided with regular updates, photos and a portfolio of artwork. Please contact Valerie Duffy (manager) on 085-7064990 or email wonderyearswicklow@gmail.com

The Brockagh Resource Centre

The Brockagh Autumn Bulletin is enclosed with details of classes and regular activities.

Car Boot Sale

The next Car Boot Sale will take place on Sunday 7th September. Car Boot Sales take place on the first Sunday of the month and are a great place to find a bargain with many items new or nearly new. Or just take this opportunity to get rid of your clutter! We also have wonderful food stalls selling home-baking, jams, plants and crafts. Vans must be booked in, please contact 0404-45600.

Tuesday Night – Dance Night

Social dancing continues every Tuesday night from 9.30 pm until late.

Wicklow Mountains National Park

Tree ID Walk

Join us on Sunday 14th September for a gentle stroll around Glendalough to learn how to identify trees and discover their history, folklore, ecology and uses. Meet at the Information Office at 11 am. The walk is suitable for adults and older children only (no dogs allowed). Booking is essential and will be taken on 0404-45425 from Saturday 30th August. The event is free to attend but the Upper Lake car park (Wicklow Co. Co.) has a €4 charge.

“Masters of Running” Workshop

Don't just run, train to be a runner. A workshop in the Brockagh Centre on 27th and 28th September will teach the proven principles of the world's leading athletics and movement coaches – packaged to suit runners of all ages, levels and abilities. Learn all the skills you need for a lifetime of strong, injury-free and enjoyable running in a fun and relaxed atmosphere with our team. For less than the price of two pairs of running shoes, you will receive skills that can improve your health and performance for life. Workshop numbers are strictly limited. The next workshop will take place in November (an earlybird price applies for bookings made 4 weeks prior to the date of a workshop). For more information please call Jason Kehoe on 085-1414141 or book online at www.championseverywhere.com

Nutritional and Educational Kinesiology

Rosaleen Durkin's kinesiology clinics for children and adults use muscle bio-feedback to test for common food sensitivities (dairy, gluten, wheat, sugar, eggs, tomatoes, etc.) and to detect and

correct mineral and nutritional imbalances in the body. Kinesiology can provide help with tiredness, skin conditions and sleeping, anxiety, digestive and concentration problems. Many more conditions in children and adults with learning difficulties (AD/HD, dyslexia, Asperger's Syndrome) can also be treated. The next clinics take place on Thursday 28th August and Friday 26th September at the Brockagh Centre. Booking is essential – call Rosaleen on 087-2195931 or visit www.rosaleendurkin.com

Comhaltas Irish Music & Dance Classes

Learn traditional Irish music and dance with an award-winning Comhaltas branch (guitar, fiddle, flute, tin whistle and grupa ceoil). Classes are held at 7 pm on Tuesday nights in St. Laurence O'Toole N.S., Roundwood – first term is from September to January, second term is from January to May. Performances, sessions, workshops and outings take place throughout the year. For more information contact us via e-mail at roundwoodcce@gmail.com or phone 087-2841604.

Annamoe Centre

Bowls Games continue on Tuesday nights at 8 pm. Everyone is welcome to come along.

Story House Our next storytelling evening will take place on 12th September at 8 pm.

Pure Mile The pure mile is looking very well and although we are still working on it we hope the judges were impressed! We wish to thank everyone who helped us along the way with donations of fencing, sand, flowerpots, flowers, machinery, etc. or by giving their time and energy.

We still need to paint the bridge. If you would like to donate paint or money towards the painting or could come up with an idea for a fund raiser to make a few euro it would be very much appreciated.

Tennis Court We expect the tennis court to be up and running before the next newsletter is printed.

New ECDL

Take a look at the back page of the Brockagh Bulletin for details of the *New ECDL* which is more flexible and introduces some new modules. If you already have an ECDL certificate you now have the opportunity to do the new modules (some will be phased in over the coming months).

Sponsor an issue – please contact Nuala at 45167.

Laragh Glendalough Active Retirement

Our Active Retirement/Go for Life group will resume activities in the Brockagh Centre at 11 am on Tuesday 16th September. Come along and enjoy a fun morning of light exercise, chat and a cuppa. We are delighted that Breda Cunningham, having completed her training earlier this year, will be joining Lucy and Bernadette as a PAL (Physical Activity Leader). She will add a new dimension to our warm-up with some Tai Chi moves.

Our next monthly lunch takes place in the Wicklow Heather at 12.45 pm on 7th October.

Tranquillity Sunday

All are welcome to Glendalough Hermitage Centre between 10.30 am and 4.30 pm on 7th September, our next Tranquillity Sunday. This is a chance to celebrate the Sabbath in silence, prayer and rest. Phone 087-9356696 or just drop in.

Adult Career Guidance Service

The Adult Career Guidance Service is still available at the Brockagh Centre. This careers/education service is free, friendly, confidential, supportive and available to all adults over 18 years of age. For more information or to book an appointment please contact Irene Hayden on 086-8061569.

Heritage Week 2014

Heritage Week continues until 31st August. Entrance to many attractions around Ireland will be either free or at a reduced rate – see www.heritageweek.ie for details.

Guided Walk and Talk

Join local poet and writer Martin Swords of Glendalough Guided Walks at 4 pm on 29th August for a two-hour gentle, interesting “Walk and Talk” through the Monastic City to celebrate Heritage Week. The event covers the history of Glendalough, the legends of Saint Kevin, folklore, place-names and everyday life in the monastic settlement. Meet at reception in the Glendalough Hotel. Booking is not required and admission is free. For further information please contact Martin on 087-2600548.

Happy Days

Happy Days Carer and Toddler group will be back in the Brockagh Centre on Wednesday 10th September (10 am to 12.30 pm) and is open to

carers and children – from babies up to school age. It is an opportunity for adults to support each other and develop friendships in a safe and friendly environment while their children play and socialise together. The group can also provide a stepping stone for children preparing to go to playgroup. So come along and enjoy the fun; there are lots of toys to play with and you may make some new friends along the way. If you would like to find out about volunteering opportunities (Garda vetting and training required) please contact the Brockagh Centre on 0404-45600.

Citizens Information Centre

The Citizens Information Centre at the Brockagh Resource Centre is open for information relating to your rights and entitlements from 10 am until noon on the first and third Tuesdays of each month. The next clinics will take place on Tuesdays 2nd and 16th September. No appointment is necessary for this free and confidential service.

Baptism

Welcome to Méabh Treasa Ward, daughter of Declan and Anne Marie, who was baptised on 17th August in St. Kevin’s Church.

Choir Members Wanted

St. Kevin’s Choir

St. Kevin’s choir will resume weekly practices in the Coach House in Laragh at 7.30 pm on Wednesday 3rd September. New members (singers or musicians) would be most welcome. If you have a song in your heart please contact Angela on 086-3059946 or any choir member.

Avondale Voices

The Avondale Voices, a community choir formed in September 2013, resumes rehearsals in late August after the summer break. The choir rehearses each Wednesday night in the old school house in Ballinatone at 7.30 pm. There is a great buzz around the group and there are several performances and other innovative projects planned for next season. You won’t even have to audition – this is a community choir and all are welcome! For further information please contact Tony Regan on 087-2631186.

Please leave articles for the next issue into W. McCoy’s by **20th September**; alternatively email them to laragh_glendalough_news@hotmail.com